

## **Mediterranean Chickpeas with Feta Cheese kit**

Start to finish: 10 minutes

Makes 1 gift bag (each bag makes 4 servings)

1 1/2 cups long-grain white rice  
1 teaspoon cumin  
1 teaspoon dried oregano  
1 tablespoon dried parsley  
1/2 teaspoon ground black pepper  
1/2 teaspoon powdered garlic  
1/2 teaspoon salt  
1 1/2 teaspoons cornstarch

In a large bowl, combine all ingredients. Use a wooden spoon to mix well, then pour into a gift bag. Seal and use a ribbon to attach a gift label.

If you would rather make your own gift label, the preparation instructions should read:

*In a large saucepan, combine the contents of this package with 3 cups water and a 15-ounce can of chickpeas. Bring to a boil, then cover and reduce heat to simmer. Cook for 20 minutes. Stir in 1 cup crumbled feta cheese and 1 1/2 cups frozen peas. Cover the pan and let stand for 5 minutes. Makes 4 servings.*